

Psalm 146:5-10

*Blessed is he whose help is the God of Jacob,
whose hope is in the LORD his God,
who made heaven and earth,
the sea, and all that is in them,
who keeps faith forever;
who executes justice for the oppressed,
who gives food to the hungry.
The LORD sets the prisoners free;
the LORD opens the eyes of the blind.
The LORD lifts up those who are bowed down;
the LORD loves the righteous.
The LORD watches over the sojourners;
he upholds the widow and the fatherless,
but the way of the wicked he brings to ruin.
The LORD will reign forever,
your God, O Zion,
to all generations.
Praise the LORD!*

The psalmist encourages us to put confidence in God. We must hope in the providence of God for all we need as to this life, and in the grace of God for that which is to come. The God of heaven became a man that he might become our salvation. Though he died on the cross for our sins, and was laid in the grave, yet his thoughts of love to us did not perish; he rose again to fulfil them. When on earth, his miracles were examples of what he is still doing every day. He grants deliverance to captives bound in the chains of sin and Satan. He opens the eyes of the understanding. He feeds with the bread of life those who hunger for salvation; and he is the constant Friend of the poor in spirit, the helpless: with him poor sinners, that are as fatherless, find mercy; and his kingdom shall continue for ever. Then let sinners flee to him, and believers rejoice in him. And as the Lord shall reign for ever, let us stir up each other to praise his holy name. - *Matthew Henry, MHCC*