

## ***Psalm 18:1-3***

### ***The Lord Is My Rock and My Fortress***

*To the choirmaster. A Psalm of David, the servant of the LORD, who addressed the words of this song to the LORD on the day when the LORD delivered him from the hand of all his enemies, and from the hand of Saul. He said:*

***I love you, O LORD, my strength.***

***The LORD is my rock and my fortress and my deliverer,  
my God, my rock, in whom I take refuge,  
my shield, and the horn of my salvation, my stronghold.***

***I call upon the LORD, who is worthy to be praised,  
and I am saved from my enemies.***

The first words, "I will love thee, O Lord, my strength," are the scope and contents of the psalm. Those that truly love God, may triumph in him as their Rock and Refuge, and may with confidence call upon him. It is good for us to observe all the circumstances of a mercy which magnify the power of God and his goodness to us in it. David was a praying man, and God was found a prayer-hearing God. If we pray as he did, we shall speed as he did. God's manifestation of his presence is very fully described, *Psa\_18:7-15*. Little appeared of man, but much of God, in these deliverances. It is not possible to apply to the history of the son of Jesse those awful, majestic, and stupendous words which are used through this description of the Divine manifestation. Every part of so solemn a scene of terrors tells us, a greater than David is here. God will not only deliver his people out of their troubles in due time, but he will bear them up under their troubles in the mean time. Can we meditate on *Psa\_18:18*, without directing one thought to Gethsemane and Calvary? Can we forget that it was in the hour of Christ's deepest calamity, when Judas betrayed, when his friends forsook, when the multitude derided him, and the smiles of his Father's love were withheld, that the powers of darkness prevented him? The sorrows of death surrounded him, in his distress he prayed, *Heb\_5:7*. God made the earth to shake and tremble, and the rocks to cleave, and brought him out, in his resurrection, because he delighted in him and in his undertaking. - *Matthew Henry, MHCC*