

## **Psalms 34:1-8**

Taste and See That the Lord Is Good

*I will bless the LORD at all times;  
his praise shall continually be in my mouth.*

*My soul makes its boast in the LORD;  
let the humble hear and be glad.*

*Oh, magnify the LORD with me,  
and let us exalt his name together!*

*I sought the LORD,  
and he answered me and delivered me from all my fears.*

*Those who look to him are radiant,  
and their faces shall never be ashamed.*

*This poor man cried,  
and the LORD heard him and saved him out of all his troubles.*

*The angel of the LORD encamps around those who fear him,  
and delivers them.*

*Oh, taste and see that the LORD is good!  
Blessed is the man who takes refuge in him!*

If we hope to spend eternity in praising God, it is fit that we should spend much of our time here in this work. He never said to any one, Seek ye me in vain. David's prayers helped to silence his fears; many besides him have looked unto the Lord by faith and prayer, and it has wonderfully revived and comforted them. When we look to the world, we are perplexed, and at a loss. But on looking to Christ depends our whole salvation, and all things needful thereunto do so also. This poor man, whom no man looked upon with any respect, or looked after with any concern, was yet welcome to the throne of grace; the Lord heard him, and saved him out of all his troubles. The holy angels minister to the saints, and stand for them against the powers of darkness. All the glory be to the Lord of the angels. By taste and sight we both make discoveries, and have enjoyment; Taste and see God's goodness; take notice of it, and take the comfort of it. He makes all truly blessed that trust in him. As to the things of the other world, they shall have grace sufficient for the support of spiritual life. And as to this life, they shall have what is necessary from the hand of God. Paul had all, and abounded, because he was content, Phi\_4:11-18. Those who trust to themselves, and think their own efforts sufficient for them, shall want; but they shall be fed who trust in the Lord. Those shall not want, who with quietness work, and mind their own business. - *Matthew Henry, MHCC*